

This clinical skills competency list is used by RAHC's Subject Matter Experts to guide the selection of appropriate placement options. It is NOT designed to be exclusionary but rather to highlight areas of clinical strength as well as possible opportunities for professional development.

Please indicate your skill level for each clinical skill below:

## Skill level abbreviations

<b>IC</b>	Highly skilled	<b>Independently Competent</b> - currently practicing skill independently in the workplace.
<b>C</b>	Moderately skilled	<b>Competent</b> - currently applying skill in the workplace under supervision, or requires second opinion.
<b>N</b>	Minimal skill	<b>Novice</b> - have the qualification and training, however, the skill requires practice and development.
<b>TU</b>	No skill	<b>Theoretical Understanding</b> - have a limited understanding or knowledge of skill or is not familiar with skill.

## Neurological IC C N TU

Glasgow Coma Scale

Facial nerve assessment

## Cardiovascular IC C N TU

Heart sounds assessment

ECG interpretation

Peripheral perfusion assessment

Doppler

Cardiac monitoring

## Respiratory IC C N TU

Chest auscultation

Tracheostomy suctioning/management

Resuscitation

Administration of inhalants

## Gastrointestinal assessment IC C N TU

Abdominal palpation and assessment

Nutritional assessment and planning

ORS rehydration

Insertion of nasogastric tube

## Chronic disease management IC C N TU

Diabetes

Renal Disease

Cardiovascular Disease

Chronic Airways Disease

Rheumatic Heart Disease

Care plans

Health checks

## Musculoskeletal IC C N TU

Plastering

Plaster removal

Measurement of crutches and education

Back slabs/fracture immobilisation

Spinal immobilisation

Treatment muscular injury (RICE)

Xray (use and interpretation)

## Genitourinary IC C N TU

Insertion indwelling catheter (IDC):

- Male

- Female

## Genitourinary (continued) IC C N TU

STI assessment, screening and treatment:

- Male

- Female

Urinalysis interpretation

## Integumentary IC C N TU

Suturing

Wound assessment and management

Management venous ulcers

Incision and draining of abscess

## Emergency IC C N TU

Basic Life Support (BLS/CPR)

Intermediate Life Support (ILS)

Advanced Life Support (ALS)

Insertion of LMA

Insertion of oropharyngeal airway

Fluid resuscitation

Insertion of chest tube

Management of fluid and electrolyte imbalances (e.g. hyperkalaemia)

Triage assessment

Paediatric emergencies

Multiple casualties

Anaphylaxis

Cricothyroidotomy

Burns management

Management of chest pain

Trauma - primary and secondary obs.

Insertion of intraosseous cannulae

Venepuncture

Cannulation

Alcohol withdrawal assessment

## ENT and eye health IC C N TU

Eye examination

Ophthalmoscopy

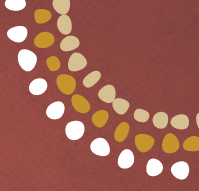
Trachoma assessment

Otoscopy

Audiometry

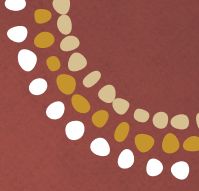
Tympanometry

Ear syringing/foreign body removal



Obstetrics and Gynecology	IC	C	N	TU
Cervical screen testing				
Foetal monitoring				
Doppler use				
Family planning counselling				
Contraceptive implant-insertion/removal (e.g. Implanon)				
Midwifery	IC	C	N	TU
Vaginal delivery				
APGAR				
Post-natal assessment				
Antenatal assessment				
Paediatric	IC	C	N	TU
Advance Paediatric Life Support (APLS)				
Glasgow Coma Scale				
Nutritional assessment				
Anaemia diagnosis, management and prevention				
Growth faltering management				
Mandatory reporting of child abuse				
Mental Health	IC	C	N	TU
Alcohol and other drugs referral				
Mini mental state exam				
Education	IC	C	N	TU
Individual patient education				
Group education				
Medication administration				
Diabetes management education				
Sexual/reproductive health education				
In-service education for health practitioners				
Chronic disease education				
Administration/other	IC	C	N	TU
On-call				
Writing referral letters				
Medical consultation (phone)				
Medical consultation for retrieval				
Organising patient travel				
Stock control and ordering				
Pharmacy management and ordering				
Client follow-up referral/recalls				
Equipment maintenance				

Administration/other (continued)	IC	C	N	TU
Pathology management/storage				
Use of clinical protocols to govern practice <i>Please list the use of clinical protocols to govern practice (e.g. CARPA standard treatment manual, Primary Clinical Care Manual)</i>				
Management of cold-chain				
Medicare claiming				
Nurse immuniser qualifications <i>Please list nurse immuniser qualifications (e.g. Understanding Vaccines and the National Immunisation Project – SA Health, Immunisation for Health Practitioners – Australian College of Nursing)</i>				
Medical Record System	IC	C	N	TU
Medical record systems <i>Please list medical record systems and note your skill level (e.g. PCIS, Communicare, MMex)</i>				
Equipment	IC	C	N	TU
Intravenous therapy pumps <i>Please list Intravenous therapy pumps (e.g. IVAC)</i>				
Defibrillator SAED				
Heart start monitor AED				
ECG machine				
Centrifuge				
Ambulance trolley, scoop and transfer equipment				
Stryker Stretcher use				
Point of care testing	IC	C	N	TU
Point of care testing <i>Please list point of care testing devices you are familiar with and note your skill level (e.g. i-STAT, DCA, Hemocue, Coagucheck)</i>				



**Comments**

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I agree that the above information is a true reflection of my current clinical skills and experience.

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Name

Signature

Date

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**Please return your completed form to Remote Area Health Corps via:**

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